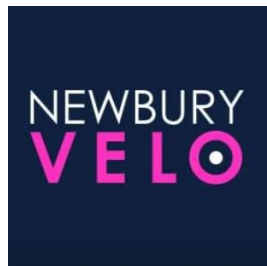


WALBURY HILL CLIMB



Sunday 26th September 2021

Start 9:02am

Race HQ:

**Inkpen Memorial Playing Field
Post Office Road
Inkpen Common
Hungerford
Berkshire
RG17 9PY**

- **COMPETITORS SHOULD NOT ATTEND IF THEY FEEL ILL IN ANY WAY OR IF FAMILY MEMBERS HAVE ANY SYMPTOMS AND ARE RECOMMENDED TO TAKE A LATERAL FLOW TEST FOR COVID 19 BEFORE ATTENDING.**
- **AN ELEVATED RESTING HEART RATE OR EXCEPTIONALLY QUICK TO REACT HEART RATE DURING WARM UP CAN SUGGEST AN UNDERLYING ASYMPTOMATIC ILLNESS OF ANY KIND. YOU SHOULD NOT START THE EVENT (DNS) AND LEAVE IMMEDIATELY. DO NOT GO TO THE START LINE IF YOU FEEL THIS IS THE CASE AND NOTIFY THE ORGANISER OF YOUR INTENTION NOT TO START AS A RESULT OF AN ADVERSE WARMUP.**
- **THIS IS NOT A PUBLIC DOCUMENT. YOU HAVE BEEN SENT THIS BECAUSE YOU HAVE ENTERED ON-LINE. PLEASE DO NOT SHARE THIS DOCUMENT AND NOTE THE INSTRUCTIONS VERY CAREFULLY TO ENSURE RIDER SAFETY AND THAT OF THE ORGANISING TEAM.**
- **SPECTATORS ARE WELCOME AND ARE ADVISED TO TAKE A LATERAL FLOW TEST BEFORE ATTENDING THE EVENT. THEY SHOULD SOCIALLY DISTANCE AND NOT ATTEND THE RACE HQ.**
- **FOLLOW THESE INSTRUCTIONS CAREFULLY**

This event is run under CTT regulations which can be found here:

<https://www.cyclingtimetrials.org.uk/>

Event organiser: Chris Boulton (on the day Glen Knight) **Contact details:** Chris Boulton
07781 773781/Glen Knight 07766 831267

Course: HHCC020a

Registration opens: 8:00am

Organising club: Newbury Velo CC

Time Keepers:

Start – Ian Greenstreet

Finish – Christina Demetriou

Social Distancing Officers: Members of Newbury Velo

Car Park Marshalls: Members of Newbury Velo

First Aiders: Glen Knight

Course Marshals/helpers: Volunteers and friends of Newbury Velo

Headquarters: Inkpen Memorial Playing Field, Post Office Road, Inkpen Common, Hungerford, Berkshire, RG17 9PY. Directions to HQ: From the East/West: From Junction 14 of M4 head south to Hungerford on the A338. At the junction with the A4 turn left and head east for approx. 2.5 miles then turn right onto Station Road towards Kintbury. After 1 mile turn left into Newbury Street and at mini roundabout turn right into Burtons Hill which becomes Laylands Green. At the 'T' junction turn left and then continue for approx. 0.5 miles then turn right at the crossroads into Post Office Road, continue ahead for approx. 0.75 miles and the HQ will be seen on the right. Total distance approx. 9 miles.

Directions to start: Allow 5 minutes – 0.7 miles. Turn right out of HQ car park, at first junction turn left into Great Common then take the first right. Follow the road and after descending the short hill through road closed signs to start waiting area.

Directions from the finish back to the HQ: After finishing proceed straight ahead and take first left after approx. 0.20 miles. Descend the steep hill with care. At the T-Junction (1.25 miles) turn left for approx. 1 mile. At the next T-Junction turn right for approx. 0.5 miles then ignore two left turns and take the third left turn after approx. 1.25 miles into Rooksnest Lane, this turns into Great Common, proceed past the Crown & Garter Public House to take the next right turn after approx. 1.1 miles into Post Office Road. The HQ will be found on your left. Total distance 5.2 miles.

The routes to the start and back from the finish are part of a one-way system for rider safety and will be well signed. There will be yellow arrows sprayed onto the roads.

Rider Notes - IMPORTANT:

- 1. Event HQ:** This is based outside in a gazebo at the Inkpen Memorial Playing Field. Riders must sign the official signing on sheet at the HQ to obtain their race number. Toilets and changing facilities will be available in the Pavilion and please follow instructions for their use, the owner

has requested that masks are worn by users of the toilets. There are no changing or refreshment facilities.

2. **Car Park:** You must use the car park at the playing field as directed by the marshals, this to ensure there is no parking on the road and so we have an address to give you. You are asked to not urinate in the carpark or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away for future years. All future references to "HQ" in this document are referring to this facility. DO NOT arrive too early or you will be asked to stay in your vehicle.
3. **Warm Ups:** Keep a sensible distance when warming up on a turbo trainer/rollers in the car park or if warming up on the road at the same time as others.
4. **Sign-On:** Riders are encouraged to ride to the HQ rather than drive if at all possible. This serves two purposes. Gives you a warmup and prevents mass gatherings. The sign on gazebo will be clearly marked. We will ask you to respect the social distancing rules and maintain 2m distance between people in all directions at all times.

When collecting your number, you will be asked to confirm your name. Bring your own pen. Your temperature will be taken by the official handing out numbers. Anyone who does not get a smiley face on the thermometer will not be permitted to race.

If you are not able to ride please let us know by calling 07766 831267 on the day.

5. **Start time:** Please check your start time and number on the start list. Please do not arrive at HQ before more than an hour before this time. Your earliest time for entering the start area is a maximum 4 minutes before your start.
6. **Race numbers:** These are disposable and new, have never been used and the person putting them out will have taken necessary sanitizing steps before and after laying them out. Your number will be placed on a table at the HQ. It is yours to keep and you do not need to return the number after racing – please take it home with you as a souvenir or dispose of it responsibly. No safety pins will be provided, if you need them, you will need to bring your own.
7. **The Course:** We are very fortunate to have a road closure for this event which aids rider safety in a traffic-free environment and allows safer distancing between riders. The road closure for the course for all vehicles will come into force at 8:30am and the road will reopen as soon as possible after the last rider has finished, latest 1:30pm. No warming up on the course is allowed after it has been closed.

Course description: Start in lane opposite Kirby House (OS Grid Ref SU SU376632) and proceed uphill, taking second left (fork in road) up Walbury Hill to finish just over crest of hill adjacent to a gate in fence (OS Grid Ref SU382616). Note the road narrows, especially on the second stage of the climb. It will be well signposted. Distance 1883 metres.

Strava route is as follows: <https://www.strava.com/segments/5641307>

8. **Race Protocol:** Participants will be asked to maintain social distancing. No gatherings in groups please. If you arrive early you will be permitted to ride on the roads to warm up or sit in your

car. We will have 4 waiting spaces marked out plus the rider waiting to race at the start line, therefore please only arrive at the start line a maximum of 4 minutes before your time listed in the start list. You will not be permitted to wait in the start area if you arrive earlier. Please do not bring friends or family members to the start area they will not be permitted to enter the start. Riders are not permitted to warm up on course once the road has been closed, there are plenty of other roads where this is possible. Please be mindful of riders when arriving by car. The timekeepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. Either of these are missing and you will not be permitted to race. Make it easy for the finish timekeeper, when you cross the line, shout your number as loud as you can (if you can!). Do not approach the finish timekeeper at any point for any reason.

- 9. Rider safety:** In the interests of safety, Cycling Time Trials and Newbury Velo, strongly advise the wearing of a hard-shell helmet that meets recognised safety standards. Helmets are mandatory for riders 18 years of age and under. The use of a working rear light on your machine whilst on the course is mandatory. Please also keep your head up for a safe ride.
- 10. Return to the HQ:** Once you have finished your race you will be expected to leave the finish area immediately, return to the HQ via the signposted route, sign out but keep your number and then leave without congregating.
- 11. Race Results:** Race results will not be available from the team at the event, please do not ask. They will be available online live during the event and we will also collate the results and post them to the Newbury Velo website and our social media channels. We will then email the participants using the address supplied at pre-registration. Riders who do not race will be given a DNS on the results sheet.
- 12. Support:** No support can be provided if a competitor suffers mechanical difficulties on the course or riding to and from the course. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.
- 13. Mobile phones:** It is strongly advised that all competitors carry a mobile phone and take this with them. The telephone number of the event organiser is (07881 773781). Please telephone the organiser if you have failed to finish the event or get lost on the return to the HQ.
- 14. Refreshments** To ensure we comply with the government regulations, the CTT guidance and risk assessment, as well as socially acceptable practice, there will be no refreshments at this event.
- 15. Under 18s:** Newbury Velo is very happy to welcome all riders aged 12 and above to the event. Those under 18 will require a parental consent form. Please print off the parental consent form from the CTT website: www.cyclingtimetrials.org.uk/documents/index/guardians complete it and bring this with you on the day of the event. There will be no pens and no forms at HQ so unfortunately no completed form means no ride. Parents or over 18s from the same household or "bubble" will be permitted to meet their rider to chaperone them back to the HQ after the finish. You will not be allowed to enter the course and need to reach the finish area by following the riders one-way system route in reverse and will be asked to wait a sensible distance from the finish area for the rider to join you to follow the signed route back to the HQ.

16. Start List: Your number on the rider list is the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number; we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and will not be accepted in future events.

17. Vehicles on course: This is a closed road event and no vehicles are allowed on the course. Time trialling under CTT regulations is unsupported. Riders must not be followed even by bicycle, for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT.

18. Summary: We are still facing the unusual circumstances linked to COVID-19 and we have found ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the current government guidelines, the CTT guidance and make sure that the risks to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum. These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run the event. We appreciate your support in helping us enforce them.

Riders not following these guidelines or instructions from officials on the day will not be permitted to race and will be reported to CTT.

Prizes

This year, in line with Newbury Velo policy and due to the ongoing COVID-19 pandemic, we will not be awarding prizes but making a charitable donation to local charity for the homeless and rough sleepers, Newbury Soup Kitchen: newburysoupkitchen.org.uk/

Many thanks to all our generous sponsors for providing the road closure signage and vehicle: Hope & Clay Construction and Francis Construction.